

10. CATHOLIC SOCIAL TEACHING: Protecting the Dignity of the Human Person

“If you want peace, work for justice.” (St Pope Paul VI)

O God, our Creator, all life is in your hands from conception until death. Help us to cherish our children and to reverence the awesome privilege of our share in creation. May all people live and die in dignity and love. Bless all those who defend the rights of the unborn, the handicapped and the aged. Enlighten and be merciful toward those who fail to love, and give them peace. Let freedom be tempered by responsibility, integrity and morality
—www.catholic.org/prayers

"Sometime ago a man came to our house and he said, ‘Mother, there is a family, a Hindu family, that has eight children. They have not eaten for a long time. Do something for them.’ So I took some rice and I went. When I arrived at their house I could see the hunger in the children’s eyes. Their eyes were shining with hunger. I gave the rice to the mother, and she took the rice. She divided it into two, and then she went out. When she came back, I asked her, ‘Where did you go?’ She said, ‘They are hungry also.’ Next door neighbour, they were also hungry. What struck me most, not that she gave the rice but she knew they were hungry. And because she knew, she shared. And this is what we have to come to know.... Love, to be true, has to hurt and this woman who was hungry – she knew that her neighbour was also hungry, and that family happened to be a Muslim family. So it was touching, so real.” (Mother Theresa, Where there is Love, there is God, p. 337).

The Church holds and promotes a “preferential option for the poor” – justice demands that those of us who have the means must act for those who are most in need, whether suffering from unjust oppression, physical, psychological illness, material poverty, love or relational poverty, or spiritual poverty in not knowing Christ’s saving love. To protect human dignity, we must protect basic human rights.

Video Links:

Euthanasia Is Morally Wrong – Catholic Answers – Tim Staples (7 mins)

[Euthanasia Is Morally Wrong \(youtube.com\)](#)

Is DNR the same as euthanasia? – Catholic Answers – Tim Staples (7.5 mins)

[Is DNR the same as euthanasia? \(youtube.com\)](#)

Abortion and the Catholic Church – Focus Catholic - Fr. Josh Johnson | Love Life Series (9.5 mins) [Abortion and the Catholic Church | Fr. Josh Johnson | Love Life Series - YouTube](#)

The Flaw with the Abortion Argument – Breaking in the Habit – Fr Casey (9 mins)

[The Flaw with the Abortion Argument \(youtube.com\)](#)

Catholic Social Teaching 4: Option For The Poor And Vulnerable – Church of Our Lady of Loretto – Sr Suzanne Brennan (7 mins) [Catholic Social Teaching 4: Option For The Poor And Vulnerable \(youtube.com\)](#)

Suggested Scripture readings:

Micah 6:8, 1 John 3:17–18, Isaiah 58:10–12

Reading:

Evangelium Vitae - on the Value and Inviolability of Human Life –

Pope St John Paul II (Mar 25, 1995) [Evangelium Vitae \(25 March 1995\) | John Paul II \(vatican.va\)](#)

Lord, you have probed me, you know me: you know when I sit and stand; you understand my thoughts from afar. You sift through my travels and my rest; with all my ways you are familiar. Even before a word is on my tongue, Lord, you know it all... You formed my inmost being; you knit me in my mother's womb. I praise you, because I am wonderfully made; wonderful are your works! My very self you know. My bones are not hidden from you. When I was being made in secret, fashioned in the depths of the earth, your eyes saw me unformed; in your book all are written down; my days were shaped, before one came to be. —Psalm 139

Catechism of the Catholic Church

I. THE FAMILY IN GOD'S PLAN

The nature of the family

2201 The conjugal community is established upon the consent of the spouses. Marriage and the family are ordered to the good of the spouses and to the procreation and education of children. The love of the spouses and the begetting of children create among members of the same family personal relationships and primordial responsibilities.

2202 A man and a woman united in marriage, together with their children, form a family. This institution is prior to any recognition by public authority, which has an obligation to recognize it. It should be considered the normal reference point by which the different forms of family relationship are to be evaluated.

2203 In creating man and woman, God instituted the human family and endowed it with its fundamental constitution. Its members are persons equal in dignity. For the common good of its members and of society, the family necessarily has manifold responsibilities, rights, and duties.

* The Christian family

2204 "The Christian family constitutes a specific revelation and realization of ecclesial communion, and for this reason it can and should be called a *domestic church*."⁹ It is a community of faith, hope, and charity; it assumes singular importance in the Church, as is evident in the New Testament.¹⁰

2205 The Christian family is a communion of persons, a sign and image of the communion of the Father and the Son in the Holy Spirit. In the procreation and education of children it reflects the Father's work of creation. It is called to partake of the prayer and sacrifice of Christ. Daily prayer and the reading of the Word of God strengthen it in charity. The Christian family has an evangelizing and missionary task.

2206 The relationships within the family bring an affinity of feelings, affections and interests, arising above all from the members' respect for one another. The family is a *privileged community* called to achieve a "sharing of thought and common deliberation by the spouses as well as their eager cooperation as parents in the children's upbringing."¹¹

II. THE FAMILY AND SOCIETY

2207 The family is the *original cell of social life*. It is the natural society in which husband and wife are called to give themselves in love and in the gift of life. Authority, stability, and a life of relationships within the family constitute the foundations for freedom, security, and fraternity within society. The family is the community in which, from childhood, one can learn moral values, begin to honor God, and make good use of freedom. Family life is an initiation into life in society.

2208 The family should live in such a way that its members learn to care and take responsibility for the young, the old, the sick, the handicapped, and the poor. There are

many families who are at times incapable of providing this help. It devolves then on other persons, other families, and, in a subsidiary way, society to provide for their needs: "Religion that is pure and undefiled before God and the Father is this: to visit orphans and widows in their affliction and to keep oneself unstained from the world."¹²

2209 The family must be helped and defended by appropriate social measures. Where families cannot fulfill their responsibilities, other social bodies have the duty of helping them and of supporting the institution of the family. Following the principle of subsidiarity, larger communities should take care not to usurp the family's prerogatives or interfere in its life.

2210 The importance of the family for the life and well-being of society¹³ entails a particular responsibility for society to support and strengthen marriage and the family. Civil authority should consider it a grave duty "to acknowledge the true nature of marriage and the family, to protect and foster them, to safeguard public morality, and promote domestic prosperity."¹⁴

2211 The political community has a duty to honor the family, to assist it, and to ensure especially:

- the freedom to establish a family, have children, and bring them up in keeping with the family's own moral and religious convictions;
- the protection of the stability of the marriage bond and the institution of the family;
- the freedom to profess one's faith, to hand it on, and raise one's children in it, with the necessary means and institutions;
- the right to private property, to free enterprise, to obtain work and housing, and the right to emigrate;
- in keeping with the country's institutions, the right to medical care, assistance for the aged, and family benefits;
- the protection of security and health, especially with respect to dangers like drugs, pornography, alcoholism, etc.;
- the freedom to form associations with other families and so to have representation before civil authority.¹⁵

2212 The fourth commandment *illuminates other relationships in society*. In our brothers and sisters we see the children of our parents; in our cousins, the descendants of our ancestors; in our fellow citizens, the children of our country; in the baptized, the children of our mother the Church; in every human person, a son or daughter of the One who wants to be called "our Father." In this way our relationships with our neighbors are recognized as personal in character. The neighbor is not a "unit" in the human collective; he is "someone" who by his known origins deserves particular attention and respect.

2213 Human communities are *made up of persons*. Governing them well is not limited to guaranteeing rights and fulfilling duties such as honoring contracts. Right relations between employers and employees, between those who govern and citizens, presuppose a natural good will in keeping with the dignity of human persons concerned for justice and fraternity.

III. THE DUTIES OF FAMILY MEMBERS

The duties of children

2214 The divine fatherhood is the source of human fatherhood;¹⁶ this is the foundation of the honor owed to parents. The respect of children, whether minors or adults, for their father and mother¹⁷ is nourished by the natural affection born of the bond uniting them. It is required by God's commandment.¹⁸

2215 Respect for parents (*filial piety*) derives from *gratitude* toward those who, by the gift of life, their love and their work, have brought their children into the world and enabled them to grow in stature, wisdom, and grace. "With all your heart honor your father, and do not forget the birth pangs of your mother. Remember that through your parents you were born; what can you give back to them that equals their gift to you?"¹⁹

2216 Filial respect is shown by true docility and *obedience*. "My son, keep your father's commandment, and forsake not your mother's teaching. . . . When you walk, they will lead you; when you lie down, they will watch over you; and when you awake, they will talk with you."²⁰ "A wise son hears his father's instruction, but a scoffer does not listen to rebuke."²¹

2217 As long as a child lives at home with his parents, the child should obey his parents in all that they ask of him when it is for his good or that of the family. "Children, obey your parents in everything, for this pleases the Lord."²² Children should also obey the reasonable directions of their teachers and all to whom their parents have entrusted them. But if a child is convinced in conscience that it would be morally wrong to obey a particular order, he must not do so.

As they grow up, children should continue to respect their parents. They should anticipate their wishes, willingly seek their advice, and accept their just admonitions. Obedience toward parents ceases with the emancipation of the children; not so respect, which is always owed to them. This respect has its roots in the fear of God, one of the gifts of the Holy Spirit.

2218 The fourth commandment reminds grown children of their *responsibilities toward their parents*. As much as they can, they must give them material and moral support in old age and in times of illness, loneliness, or distress. Jesus recalls this duty of gratitude.²³

For the Lord honored the father above the children, and he confirmed the right of the mother over her sons. Whoever honors his father atones for sins, and whoever glorifies his mother is like one who lays up treasure. Whoever honors his father will be gladdened by his own children, and when he prays he will be heard. Whoever glorifies his father will have long life, and whoever obeys the Lord will refresh his mother.²⁴

O son, help your father in his old age, and do not grieve him as long as he lives; even if he is lacking in understanding, show forbearance; in all your strength do not despise him. . . . Whoever forsakes his father is like a blasphemer, and whoever angers his mother is cursed by the Lord.²⁵

2219 Filial respect promotes harmony in all of family life; it also concerns *relationships between brothers and sisters*. Respect toward parents fills the home with light and warmth. "Grandchildren are the crown of the aged."²⁶ "With all humility and meekness, with patience, [support] one another in charity."²⁷

2220 For Christians a special gratitude is due to those from whom they have received the gift of faith, the grace of Baptism, and life in the Church. These may include parents, grandparents, other members of the family, pastors, catechists, and other teachers or friends. "I am reminded of your sincere faith, a faith that dwelt first in your grandmother Lois and your mother Eunice and now, I am sure, dwells in you."²⁸

The duties of parents

2221 The fecundity of conjugal love cannot be reduced solely to the procreation of children, but must extend to their moral education and their spiritual formation. "The *role of parents in education* is of such importance that it is almost impossible to provide an adequate substitute."²⁹ The right and the duty of parents to educate their children are primordial and inalienable.³⁰

2222 Parents must regard their children as *children of God* and respect them as *human persons*. Showing themselves obedient to the will of the Father in heaven, they educate their children to fulfill God's law.

2223 Parents have the first responsibility for the education of their children. They bear witness to this responsibility first by *creating a home* where tenderness, forgiveness, respect, fidelity, and disinterested service are the rule. The home is well suited for *education in the virtues*. This requires an apprenticeship in self-denial, sound judgment, and self-mastery - the preconditions of all true freedom. Parents should teach their children to subordinate the "material and instinctual dimensions to interior and spiritual ones."³¹ Parents have a grave responsibility to give good example to their children. By knowing how to acknowledge their own failings to their children, parents will be better able to guide and correct them:

He who loves his son will not spare the rod. . . . He who disciplines his son will profit by him.³²

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.³³

2224 The home is the natural environment for initiating a human being into solidarity and communal responsibilities. Parents should teach children to avoid the compromising and degrading influences which threaten human societies.

2225 Through the grace of the sacrament of marriage, parents receive the responsibility and privilege of *evangelizing their children*. Parents should initiate their children at an early age into the mysteries of the faith of which they are the "first heralds" for their children. They should associate them from their tenderest years with the life of the Church.³⁴ A wholesome family life can foster interior dispositions that are a genuine preparation for a living faith and remain a support for it throughout one's life.

2226 *Education in the faith* by the parents should begin in the child's earliest years. This already happens when family members help one another to grow in faith by the witness of a Christian life in keeping with the Gospel. Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith. Parents have the mission of teaching their children to pray and to discover their vocation as children of God.³⁵ The parish is the Eucharistic community and the heart of the liturgical life of Christian families; it is a privileged place for the catechesis of children and parents.

2227 Children in turn contribute to the *growth in holiness* of their parents.³⁶ Each and everyone should be generous and tireless in forgiving one another for offenses, quarrels, injustices, and neglect. Mutual affection suggests this. The charity of Christ demands it.³⁷

2228 Parents' respect and affection are expressed by the care and attention they devote to bringing up their young children and *providing for their physical and spiritual needs*. As the children grow up, the same respect and devotion lead parents to educate them in the right use of their reason and freedom.

2229 As those first responsible for the education of their children, parents have the right to *choose a school for them* which corresponds to their own convictions. This right is fundamental. As far as possible parents have the duty of choosing schools that will best help them in their task as Christian educators.³⁸ Public authorities have the duty of guaranteeing this parental right and of ensuring the concrete conditions for its exercise.

2230 When they become adults, children have the right and duty to *choose their profession and state of life*. They should assume their new responsibilities within a trusting relationship with their parents, willingly asking and receiving their advice and counsel. Parents should be careful not to exert pressure on their children either in the choice of a profession or in that of a spouse. This necessary restraint does not prevent them - quite the contrary from giving their children judicious advice, particularly when they are planning to start a family.

2231 Some forgo marriage in order to care for their parents or brothers and sisters, to give themselves more completely to a profession, or to serve other honorable ends. They can contribute greatly to the good of the human family.

2258 "*Human life is sacred* because from its beginning it involves the creative action of God and it remains for ever in a special relationship with the Creator, who is its sole end. God alone is the Lord of life from its beginning until its end: no one can under any circumstance claim for himself the right directly to destroy an innocent human being."^{56y}

Abortion

2270 Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person - among which is the inviolable right of every innocent being to life.⁷²

Before I formed you in the womb I knew you, and before you were born I consecrated you.⁷³

My frame was not hidden from you, when I was being made in secret, intricately wrought in the depths of the earth.⁷⁴

2271 Since the first century the Church has affirmed the moral evil of every procured abortion. This teaching has not changed and remains unchangeable. Direct abortion, that is to say, abortion willed either as an end or a means, is gravely contrary to the moral law:

You shall not kill the embryo by abortion and shall not cause the newborn to perish.⁷⁵

God, the Lord of life, has entrusted to men the noble mission of safeguarding life, and men must carry it out in a manner worthy of themselves. Life must be protected with the utmost care from the moment of conception: abortion and infanticide are abominable crimes.⁷⁶

2272 Formal cooperation in an abortion constitutes a grave offense. The Church attaches the canonical penalty of excommunication to this crime against human life. "A person who procures a completed abortion incurs excommunication *latae sententiae*,"⁷⁷ "by the very commission of the offense,"⁷⁸ and subject to the conditions provided by Canon Law.⁷⁹ The Church does not thereby intend to restrict the scope of mercy. Rather, she makes clear the gravity of the crime committed, the irreparable

harm done to the innocent who is put to death, as well as to the parents and the whole of society.

2273 The inalienable right to life of every innocent human individual is a *constitutive element of a civil society and its legislation*:

"The inalienable rights of the person must be recognized and respected by civil society and the political authority. These human rights depend neither on single individuals nor on parents; nor do they represent a concession made by society and the state; they belong to human nature and are inherent in the person by virtue of the creative act from which the person took his origin. Among such fundamental rights one should mention in this regard every human being's right to life and physical integrity from the moment of conception until death."⁸⁰

"The moment a positive law deprives a category of human beings of the protection which civil legislation ought to accord them, the state is denying the equality of all before the law. When the state does not place its power at the service of the rights of each citizen, and in particular of the more vulnerable, the very foundations of a state based on law are undermined. . . . As a consequence of the respect and protection which must be ensured for the unborn child from the moment of conception, the law must provide appropriate penal sanctions for every deliberate violation of the child's rights."⁸¹

2274 Since it must be treated from conception as a person, the embryo must be defended in its integrity, cared for, and healed, as far as possible, like any other human being.

Prenatal diagnosis is morally licit, "if it respects the life and integrity of the embryo and the human fetus and is directed toward its safe guarding or healing as an individual. . . . It is gravely opposed to the moral law when this is done with the thought of possibly inducing an abortion, depending upon the results: a diagnosis must not be the equivalent of a death sentence."⁸²

2275 "One must hold as licit procedures carried out on the human embryo which respect the life and integrity of the embryo and do not involve disproportionate risks for it, but are directed toward its healing the improvement of its condition of health, or its individual survival."⁸³

"It is immoral to produce human embryos intended for exploitation as disposable biological material."⁸⁴

"Certain attempts to *influence chromosomic or genetic inheritance* are not therapeutic but are aimed at producing human beings selected according to sex or other predetermined qualities. Such manipulations are contrary to the personal dignity of the human being and his integrity and identity"⁸⁵ which are unique and unrepeatable.

Euthanasia

2276 Those whose lives are diminished or weakened deserve special respect. Sick or handicapped persons should be helped to lead lives as normal as possible.

2277 Whatever its motives and means, direct euthanasia consists in putting an end to the lives of handicapped, sick, or dying persons. It is morally unacceptable.

Thus an act or omission which, of itself or by intention, causes death in order to eliminate suffering constitutes a murder gravely contrary to the dignity of the human person and to the respect due to the living God, his Creator. The error of judgment into which one can fall in good faith does not change the nature of this murderous act, which must always be forbidden and excluded.

2278 Discontinuing medical procedures that are burdensome, dangerous, extraordinary, or disproportionate to the expected outcome can be legitimate; it is the refusal of "over-zealous" treatment. Here one does not will to cause death; one's inability to impede it is merely accepted. The decisions should be made by the patient if

he is competent and able or, if not, by those legally entitled to act for the patient, whose reasonable will and legitimate interests must always be respected.

2279 Even if death is thought imminent, the ordinary care owed to a sick person cannot be legitimately interrupted. The use of painkillers to alleviate the sufferings of the dying, even at the risk of shortening their days, can be morally in conformity with human dignity if death is not willed as either an end or a means, but only foreseen and tolerated as inevitable. Palliative care is a special form of disinterested charity. As such it should be encouraged.

* VI. LOVE FOR THE POOR

2443 God blesses those who come to the aid of the poor and rebukes those who turn away from them: "Give to him who begs from you, do not refuse him who would borrow from you"; "you received without pay, give without pay."²³² It is by what they have done for the poor that Jesus Christ will recognize his chosen ones.²³³ When "the poor have the good news preached to them," it is the sign of Christ's presence.²³⁴

2444 "The Church's love for the poor . . . is a part of her constant tradition." This love is inspired by the Gospel of the Beatitudes, of the poverty of Jesus, and of his concern for the poor.²³⁵ Love for the poor is even one of the motives for the duty of working so as to "be able to give to those in need."²³⁶ It extends not only to material poverty but also to the many forms of cultural and religious poverty.²³⁷

2445 Love for the poor is incompatible with immoderate love of riches or their selfish use:

Come now, you rich, weep and howl for the miseries that are coming upon you. Your riches have rotted and your garments are moth-eaten. Your gold and silver have rusted, and their rust will be evidence against you and will eat your flesh like fire. You have laid up treasure for the last days. Behold, the wages of the laborers who mowed your fields, which you kept back by fraud, cry out; and the cries of the harvesters have reached the ears of the Lord of hosts. You have lived on the earth in luxury and in pleasure; you have fattened your hearts in a day of slaughter. You have condemned, you have killed the righteous man; he does not resist you.²³⁸

2446 St. John Chrysostom vigorously recalls this: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs."²³⁹ "The demands of justice must be satisfied first of all; that which is already due in justice is not to be offered as a gift of charity":²⁴⁰

When we attend to the needs of those in want, we give them what is theirs, not ours. More than performing works of mercy, we are paying a debt of justice.²⁴¹